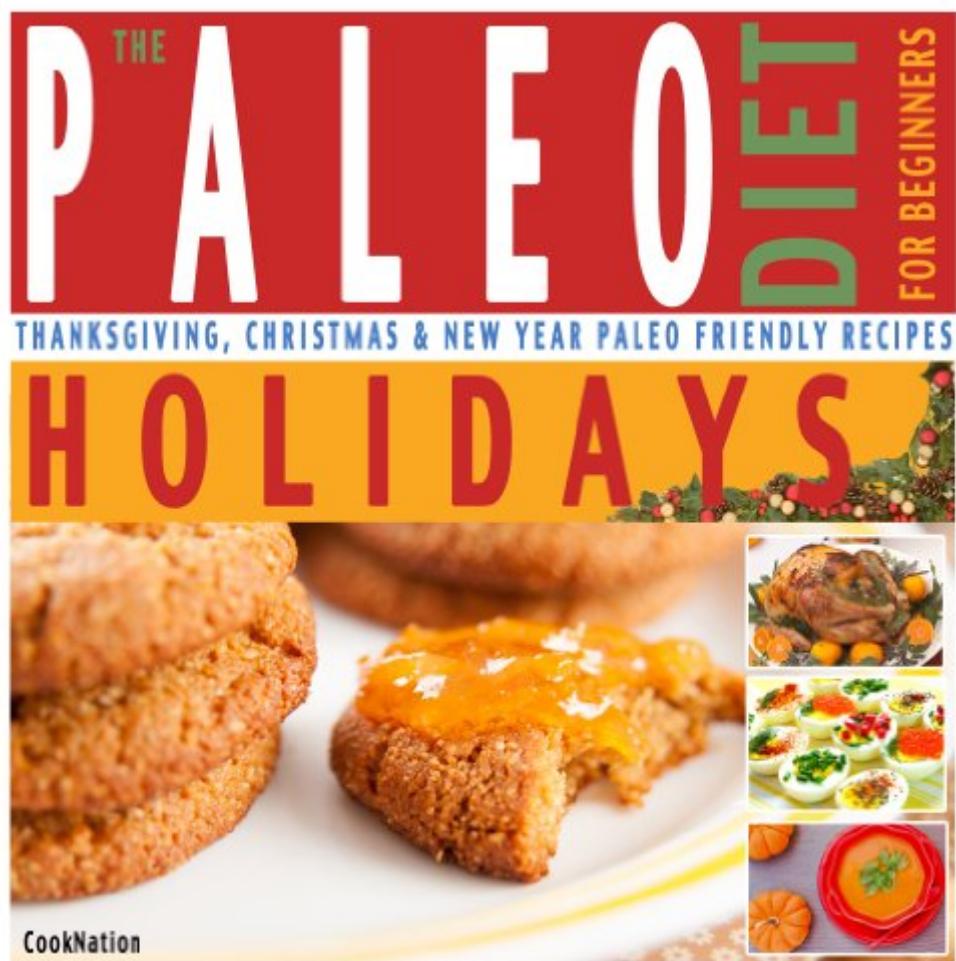


The book was found

The Paleo Diet For Beginners Holidays: Thanksgiving, Christmas & New Year Paleo Friendly Recipes



Synopsis

The holiday season is in sight! As the weather begins to change, nights begin to grow darker and colder. The beautiful fall colors are on display and our thoughts turn to the first of our major celebrations. Living a Paleo lifestyle couldn't fit better into the holiday season. Carb-heavy, sugar-coated food shouldn't be the norm and with 'The Paleo Diet For Beginners Holidays' enjoying healthy holidays is easier than you think. In this book we have laid out the best holiday dishes from traditional main courses like roast turkey or rib of beef to delicious desserts, snacks, sides and treats that will delight everyone whether they are following a Paleo lifestyle or not. Chestnut sprouts, maple parsnips, avocado devilled eggs, parma ham parcel, cinnamon & nutmeg peaches and warm pumpkin pudding are just a few of the sumptuous party recipes. If you are entertaining lots of friends for Thanksgiving or Christmas dinner or looking for some Paleo party food to take you through the season there are many recipes to choose from and all perfectly Paleo. We hope you enjoy these recipes. Happy holidays!

Book Information

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Customer Reviews

I think you will really enjoy this book if you are new to Paleo and crave yummy holiday treats and foods! This one is cram packed with lots of special recipes and they aren't difficult to make!

Glad I picked it up free, nothing new here. I'll just use Wheat belly and a few others I have picked up along the way. Not a keeper.

Haven't tired all the recipes, but so far I'm not crazy about some of the dishes. Some ingredients are hard to find

This was nice, I liked it . I will use these recipes for years to come. My family enjoyed all the goodies.

We LOVE paleo recipes in this book! Thanks for this!

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